

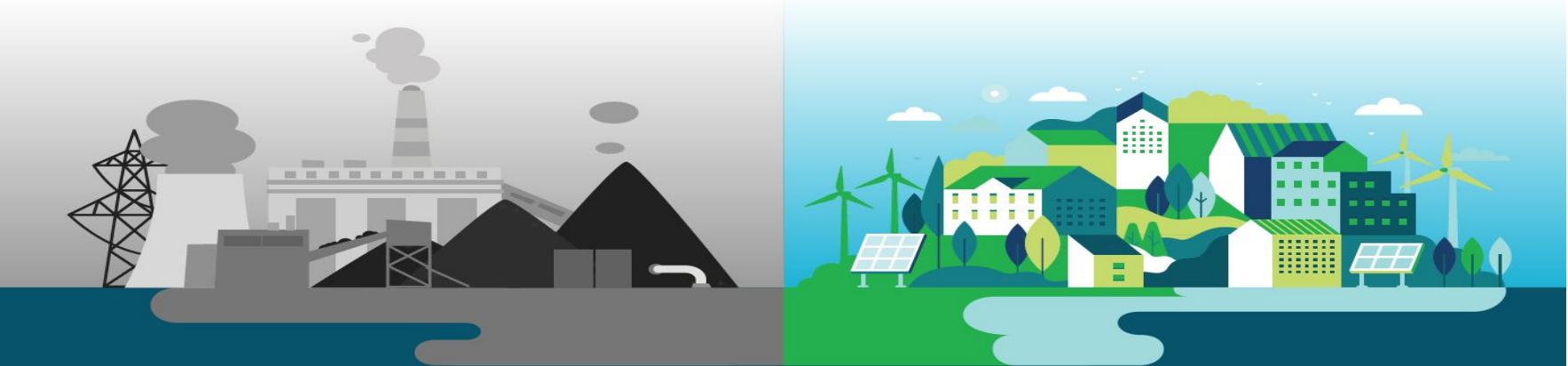


Healthy Kitchens, Healthy Homes, Healthy Communities

Home is where our heart is and our kitchen is our community.

Home is where the heart is.



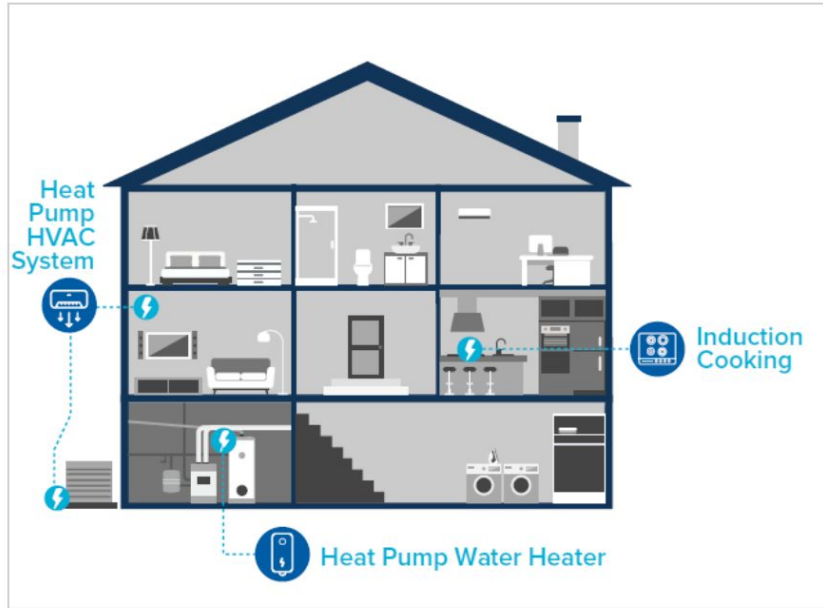


THE BUILDING DECARBONIZATION PRACTICE GUIDE

A Zero Carbon Future for the Built Environment



What does an all-electric home look like?



Heat pump HVAC systems include both heating and cooling, which will help protect residents during summer heat waves and smoke.

Heat pumps are also highly energy efficient and can reduce energy use overall.

The Heart of Our Home!



We spend at least 400 hours a year in our Kitchen.

What room would you say is the heart of your home? For many, it's the kitchen. A new OnePoll survey shows the average person spends just over an hour a day in the kitchen and since COVID the time has increased.

A new survey asked 2,000 Americans, including White/Caucasian, Hispanic/Latino, Black/African American, and other ethnicities, about their families' cooking habits and found the kitchen truly is the heart of the home, with family at the core of culinary joy.

- While most respondents themselves are responsible for cooking breakfast (29%), lunch (21%) and dinner (23%), they frequently work alongside their partners to get food on the table for the family.
- Nearly half (49%) of Americans agree that a precise cooktop is the most important feature in their household when preparing a family meal. Reminder: Gas ranges did not come into play until after 1970.

Farm to Table



In the community!





Bellingham Farmers Market



Sometimes the conversation starts over a cup of tea!



International Women's Day

Hat's off to our Chefs! Healthy Homes, Healthy Kitchens, Healthy Communities.
March 8, 2023 #IWD23

From Farm to Table!

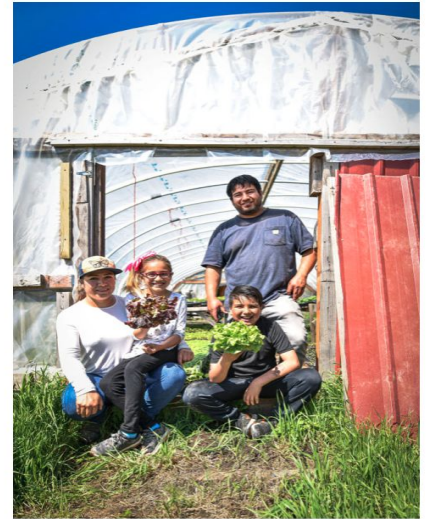


Chef Kristi Brown of That Brown Girl Cooks is a current James Beard Award semifinalist acclaimed "Seattle soul food" restaurant Communion, which she runs with her son Damc
(Communion via Facebook)



Emily Tzeng of Local Color Farm and Fiber, at home in the lettuce field.

IMAGE: RYLEA FOEHL



Lis and Joaquin Lopez and family of Mariposa Farm.

IMAGE: COURTESY FOTOMATAIO FOTOGRAFIA

Our future depends on us and in all languages.



Education starts in the community



Our next step is lending libraries in collaboration with libraries across the State. Locations starting in September

- **Snohomish County Library**
- **Seattle Public Library**
- **King County Library**
- **UW Othello**
- **Spokane**
- **Lake Oswego, Oregon**
- **Eugene, Oregon**
- **Denver Colorado**

We will be walking in step with the HEAL Act to ensure that everyone will have access through translating the information both in writing and in language. The kits are checked out as you would a book.

Everyone Deserves Clean Air!



Gas Appliance Pollution Inequitably Impacts Health

Who Would Gain the Most
from Electrification?



Although exposure to gas appliance pollution is harmful to everyone, the following groups of people are at particularly high risk. Individuals may identify across one or more of these groups.

- Low income communities and People of Color
- Infant & children -42% at risk for Asthma
- Pregnant Women
- Individuals with pre existing conditions
- Older Adults and Elderly

Healthy Homes, Healthy Kitchens, Healthy Communities - the conversation starts here.



Inflation Reduction Act Provisions

Affordable Housing and Low/Moderate Income Lens

- High Efficiency Electric Home Rebate Program (HEEHR)
- Home Energy Performance-Based, Whole-House Rebates (Homes)
- Residential Energy Efficiency Tax Credit (25C)
- Residential Clean Energy Credit (25D)
- Commercial Investment Tax Credit (ITC) (48 > 48E)
- New Energy Efficient Home Credit (45L)
- Energy-Efficiency, Water-Efficiency, Climate Resilience for Affordable Housing

Rebate Programs



High Efficiency Electric Home Rebate Program (HEEHR)

- \$4.5B through FY2031
- Income-based incentive structure
- New construction and retrofits
- Contractor incentive up to \$500/project
- DOE is the lead federal agency
- State energy offices and Tribes will develop and administer
- Point of sale rebates for electrification upgrades
 - \$8,000 for heat pump
 - \$4,000 for electric panel upgrade
 - \$1,750 for heat pump water heater
 - \$840 for electric or induction stove
 - \$14,000 total

Home Energy Performance-Based, Whole-House Rebates (Homes)

- \$4.3B through FY2031
- Savings-based retrofit program
- Increased rebates for low-moderate income households
- Contractor incentive
- Rebates range from \$2,000 - \$8,000 depending on income and energy savings
- DOE is the lead federal agency
- State energy offices and Tribes will develop and administer

How do I calculate my savings or rebates?

<https://www.rewiringamerica.org/app/ira-calculator>



English Español

YOUR SAVINGS CALCULATOR

How much money will you get with the Inflation Reduction Act?

Enter your household information to find out.

Zip Code 

90210

23 events in 6 months & 26+ Organizations take on Building Code Updates

- National RMI
- 46th District Democrats
- 350 Everett
- 350 Seattle
- 350 Eugene
- 350 Deschutes
- Alliance for Community Engagement
- Climate Reality Project
- Climate Solutions
- Earth Ministry
- Environment WA
- Heart of America Northwest
- Indivisible Vashon
- NRDC
- NW Energy Coalition
- People for Climate Action
- Asian Celebration
- Earth Day 2021
- CCL
- Over 45 Chefs
- People for Climate Action, Issaquah chapter
- RE Sources
- Sierra Club, Washington States
- Sierra Club, Oregon
- Sierra Club, Sno Isle
- Sightline Institute
- South Seattle Climate Action Network
- Spark Northwest
- Thurston Climate Action Team
- The Lands Council
- Vancouver Audubon Society
- Wallingford Indivisible
- Washington Pediatricians for Climate Action
- DPO
- FFE
- 21 Acres
- 350 Bend
- TCAT
- Go Green Conference - Bend Oregon
- Asian Celebration
- River Days - Olympia
- Farm to Table - 23 Farm Bill demonstrations
- Restaurant Association, Washington, Colorado, California
- Wine Makers Association event
- 10 Farmers Markets
- 5 Festivals events, WA, Oregon, Colorado

Looking for a cooking demonstration or connection?
Contact us at Eco8cb@gmail.com

